



MENU ITEM	INGREDIENTS	ALLERGENS
BREAKFAST ITEMS		
Croissant Box	Plain Croissants, Chocolate Croissant and Almond Croissants (this product contains NUTS)	Cereals, Dairy, Eggs, Gluten, Milk , Nuts, Wheat
Ham & Cheese Croissant Box	8 freshly baked plain Croissants filled with Wiltshire Ham and Cheddar Cheese	Cereals, Dairy, Eggs, Gluten, Milk , Wheat
Muffin Platter	Blueberry Cheesecake, Lemon & White Chocolate and Triple Chocolate - (6 per box)	Dairy, Eggs, Gluten, Milk , Soybeans, Sulphites, Wheat
Mini Muffin Box	Blueberry & Chocolate Mini Muffins	Dairy, Eggs, Gluten, Milk , Wheat
Mini Mixed Pastries	Mini Croissants (3) and Mini Danish selection (6) per portion	Cereals, Dairy, Eggs, Gluten, Milk , Wheat
Early Bird Platter	Egg Mayo & Cress (v), Egg Mayo & Sun-Dried Tomato (v), Smoked Salmon & Cream Cheese, Sausage & Egg Mayo, Sausage, Rocket & Onion relish	Cereals, Dairy, Eggs, Fish, Gluten, Milk , Sulphites, Wheat
Rise n Shine Platter	Egg Mayo & Cress (v), Egg Mayo & Sun-Dried Tomato (v), Smoked Salmon & Cream Cheese, Egg Mayo & Bacon, Bacon, Lettuce & Tomato	Cereals, Dairy, Eggs, Fish, Gluten, Milk , Wheat
Large Bagel Platter	Smoked Salmon & Cream Cheese, Cream Cheese, Sun-Dried Tomato & Spinach (v), Pastrami (on Poppy seed), Egg Mayo & Bacon (on Poppy seed), Ham, Cream Cheese & Rocket	Cereals, Dairy, Eggs, Fish, Gluten, Milk , Mustard, Wheat
Roasted Peppers, Cream Cheese & Spinach Bagel(v)	Roasted Peppers, Cream Cheese & Spinach Bagel(v)	Dairy, Gluten, Milk
Smoked Salmon & Cream Cheese Bagel	Smoked Salmon & Cream Cheese Bagel	Dairy, Fish, Gluten, Milk , Wheat
Smoked Salmon & Egg Mayo Bagel	Smoked Salmon & Egg Mayo Bagel	Eggs, Fish, Gluten, Wheat
Ham, Cream Cheese & Rocket Bagel	Ham, Cream Cheese & Rocket Bagel	Dairy, Gluten, Milk , Wheat
Sun-Dried Tomatoes, Cream Cheese & Spinach Bagel (v)	Sun-Dried Tomatoes, Cream Cheese & Spinach Bagel (v)	Dairy, Gluten, Milk , Wheat
Mango Yoghurt Pot	Greek-Style Yoghurt & Mango Puree served with Raisin, Honey & Almond Crunch	Cereals, Gluten, Milk , Nuts, Wheat
Strawberry Yoghurt Pot	Greek-Style Yoghurt & Strawberry Puree served with Raisin, Honey & Almond Crunch	Cereals, Dairy, Gluten, Milk , Nuts, Wheat
Honey Yoghurt Pot	Greek-Style Yoghurt & Honey served with Raisin & Almond Crunch	Cereals, Gluten, Milk , Nuts, Wheat

SALADS		
Caesar Salad (v) - Large	Romaine Lettuce, Homemade Croutons, Shaved Grana Padano, Black Pepper & Caesar Dressing (separate) (v)	Dairy, Eggs, Gluten, Milk
Caesar Salad (v) - Small.	Romaine Lettuce, Homemade Croutons, Shaved Grana Padano, Black Pepper & Caesar Dressing (separate) (v)	Dairy, Eggs, Gluten, Milk
Coucous, lentil and asparagus - Large	Couscous with Lentils, Asparagus, Mixed leaves, Roast Butternut Squash & Feta (v)	Dairy, Gluten, Milk , Wheat
Coucous, lentil and asparagus - Small	Couscous with Lentils, Asparagus, Mixed leaves, Roast Butternut Squash & Feta (v)	Dairy, Gluten, Milk , Wheat
Greek salad - large (v)	Mixed leaves, Feta, Black Olives, Red Onion, Tomato, Cucumber & Oregano Olive Oil Dressing (separate) (v) (GLUTEN FREE)	Dairy, Milk
Greek salad - small (v)	Mixed leaves, Feta, Black Olives, Red Onion, Tomato, Cucumber & Oregano Olive Oil Dressing (separate) (v) (GLUTEN FREE)	Dairy, Milk
Houmous and Falafel (V) - Large	Spinach, Falafel Balls, Houmous, Avocado, Roasted Peppers, Cucumber, Black Olives. Olive oil Dressing (separate) (v) (GLUTEN FREE)	Sesame Seeds
Houmous and Falafel (V) -Small	Spinach, Falafel Balls, Houmous, Avocado, Roasted Peppers, Cucumber, Black Olives. Olive oil Dressing (separate) (v) (GLUTEN FREE)	Sesame Seeds
Pasta Salad (v) - Large	Freshly cooked Pasta with Spinach, mixed Peppers, Cherry Tomatoes & a Pesto Dressing (separate) (v)	Dairy, Gluten, Milk , Wheat
Pasta Salad (v) - small	Freshly cooked Pasta with Spinach, mixed Peppers, Cherry Tomatoes & a Pesto Dressing (separate) (v)	Dairy, Gluten, Milk , Wheat
Tricolor (v) - Large	Mixed Leaves, Mozzarella Pearls, Cherry Tomatoes, Avocado, Cannellini Beans & Oil Balsamic Dressing (separate) (v) (GLUTEN FREE)	Dairy, Milk
Tricolor (v) - Small	Mixed Leaves, Mozzarella Pearls, Cherry Tomatoes, Avocado, Cannellini Beans & Oil Balsamic Dressing (separate) (v) (GLUTEN FREE)	Dairy, Milk
Peas & Beans Salad - Large	Sugar Snap Peas, Green Beans, Broad Beans, Edamame Beans & chilli sauce and french Dressing (separate). (v) (GLUTEN FREE)	Mustard
Peas & Beans Salad - Small	Sugar Snap Peas, Green Beans, Broad Beans, Edamame Beans & chilli sauce and french Dressing (separate). (v) (GLUTEN FREE)	Mustard
Chicken & Avocado Salad - Large	Mixed Leaves, Chicken Breast, Sliced Avocado, Tomato, Cucumber & Oil Balsamic Dressing (separate) (GLUTEN-FREE)	Soybeans, Sulphites
Chicken & Avocado Salad - Small	Mixed Leaves, Chicken Breast, Sliced Avocado, Tomato, Cucumber & Oil Balsamic Dressing (separate) (GLUTEN-FREE)	Soybeans, Sulphites
Chicken Caesar - Small.	Romaine Lettuce, Chicken Breast, Homemade Croutons, Shaved Grana Padano, Black Pepper & Caesar Dressing (separate)	Dairy, Eggs, Gluten, Milk , Soybeans, Sulphites

SALADS		
Chicken Caesar salad - Large.	Romaine Lettuce, Chicken Breast, Homemade Croutons, Shaved Grana Padano, Black Pepper & Caesar Dressing (separate)	Dairy, Eggs, Gluten, Milk , Soybeans, Sulphites
Italian Salad - Small	Mixed Leaves, Prosciutto Crudo, Mozzarella Pearls, Cherry Tomatoes, Avocado, Cannellini Beans & Oil Balsamic Dressing (separate) (GLUTEN FREE)	Dairy, Milk
Italian salad - Large.	Mixed Leaves, Prosciutto Crudo, Mozzarella Pearls, Cherry Tomatoes, Avocado, Cannellini Beans & Oil Balsamic Dressing (separate) (GLUTEN FREE)	Dairy, Milk
Hot Smoked Salmon - Large	Hot smoked salmon with Mixed Leaves, New Potatoes, Red Onion, Cucumber, Lemon with a Yoghurt, Celery & Dill dressing (GLUTEN FREE)	Celery, Dairy, Fish, Milk
Hot Smoked Salmon - Small	Hot smoked salmon with Mixed Leaves, New Potatoes, Red Onion, Cucumber, Lemon with a Yoghurt, Celery & Dill dressing (GLUTEN FREE)	Celery, Dairy, Fish, Milk
King Prawn salad - Large	King Prawns, Mixed Leaves, Avocado, Cucumber & Marie Rose Dressing (separate) (GLUTEN FREE)	Celery, Crustaceans, Eggs
King Prawn Salad - Small	King Prawns, Mixed Leaves, Avocado, Cucumber & Marie Rose Dressing (separate) (GLUTEN FREE)	Celery, Crustaceans, Eggs
Tuna Nicoise - Large	Mixed Leaves, Tuna, Free-Range Boiled Egg, New Potato, Cherry Tomato, Red Onion, Lemon Quarters & Oil Dressing (separate) (GLUTEN FREE)	Eggs, Fish
Tuna Nicoise - Small	Mixed Leaves, Tuna, Free-Range Boiled Egg, New Potato, Cherry Tomato, Red Onion, Lemon Quarters & Oil Dressing (separate) (GLUTEN FREE)	Eggs, Fish
SIDE POTS		
Mixed Quinoa Salad (V) (GF)	a healthy salad pot of Red & White Quinoa with butternut squash, peppers, pumpkin seeds & parsley	None of the 14 major allergen groups
Beetroot & Goats Cheese pot (V) (GF)	A delicious fresh salad of beetroot cubes, pomegranate, roasted sweet potato, goats cheese & parsley	Dairy, Milk
Egg & Spinach pot	2 Free-range boiled eggs on a bed of baby leaf spinach	Eggs
CAKES & FRUITS		
Fruit Platter (serves 6-8)	A selection of cut fruit, including: Pineapple, Melon, Grapes, Clementines and Kiwi	None of the 14 major allergen groups
Fruit Pot	A selection of cut fruit may include; Melon, Pineapple, Clementine, Grapes	None of the 14 major allergen groups
Bunch of grapes	a bunch of white and red grapes	None of the 14 major allergen groups
Individual apple	Whole Apple	None of the 14 major allergen groups
Individual banana	Whole Banana	None of the 14 major allergen groups
Individual clementine	Whole Clementine	None of the 14 major allergen groups
Cake box 10	Includes brownie, red velvet, carrot cake, lemon drizzle & flapjack	Dairy, Eggs, Gluten, Milk , Soybeans, Wheat
Cake box 15	Includes brownie, red velvet, carrot cake, lemon drizzle & flapjack	Dairy, Eggs, Gluten, Milk , Soybeans, Wheat
Cake box 20	Includes brownie, red velvet, carrot cake, lemon drizzle & flapjack	Dairy, Eggs, Gluten, Milk , Soybeans, Wheat

SMALL PLATTERS		
Small Veggie Platter (v)	Egg Mayo & Cress. Red Pepper Tapenade & Artichoke. Cheese & Pickle	Cereals, Dairy, Eggs, Gluten, Milk , Wheat
Small Wrap Platter	Falafel & Tzatziki (v). Chicken & Avocado. Prawn Mayo	Crustaceans, Dairy, Eggs, Gluten, Milk , Soybeans, Sulphites, Wheat
Small Bagel Platter	Smoked Salmon & Cream Cheese Bagel. Cream Cheese, Sun-Dried Tomato & Spinach (v), Pastrami (on Poppy seed)	Cereals, Dairy, Eggs, Fish, Gluten, Milk , Mustard, Wheat
Small Baguette Platter	New York-Style Pastrami, Gherkin & Mustard. Egg Mayo & Sun-Dried Tomato (v). Lemon Tuna Mayo, Red Onion & Olive.	Cereals, Dairy, Eggs, Fish, Gluten, Milk , Mustard, Wheat
Small Classic Platter	Egg Mayo & Cress (v). Ham & Mustard Mayo. Tuna Sweetcorn	Cereals, Dairy, Eggs, Fish, Gluten, Milk , Mustard, Wheat
Small Meating? Platter	Lemon Chicken & Rocket. Ham & Mustard Mayo. Roast Beef & Horseradish Mayo	Cereals, Dairy, Eggs, Gluten, Milk , Mustard, Soybeans, Sulphites, Wheat
Small Mixed Platter	Smoked Salmon & Cream Cheese. Egg Mayo & Sun-Dried Tomato (v) Lemon Chicken & Rocket	Cereals, Dairy, Eggs, Fish, Gluten, Milk , Soybeans, Sulphites, Wheat
Halal-Friendly Chicken Platter - Small	Lemon Chicken, Chicken & Avocado, & Chicken Salad sandwiches	Cereals, Dairy, Eggs, Gluten, Milk , Soybeans, Sulphites, Wheat
Small Seafood Platter	Smoked Salmon & Cream Cheese. Tuna Olive. Prawn Marie Rose	Celery, Cereals, Crustaceans, Dairy, Eggs, Fish, Gluten, Milk , Wheat
SAVOURIES		
Asian Selection Platter	A selection of: Vegetable Samosas; Vegetable Spring Rolls; Vegetable Pakoras; Onion Bhajis; Duck & Hoisin Spring Rolls; Sweet Potato Curry Bites. Served with a side of dip of Mango Chutney & Sweet Chilli.	Dairy, Gluten, Milk , Mustard, Sesame Seeds, Soybeans, Wheat
Classic British Savoury Platter	A selection of: Pork Pie; Scotch Egg; Cocktail Sausage; Chicken & Mushroom Canapie; Sausage Roll. Served with a side of dip of Ketchup & English Mustard	Dairy, Eggs, Gluten, Milk , Mustard, Soybeans, Sulphites, Sulphur Dioxide, Wheat
Italian Selection Platter	A selection of: Mozzarella, Tomato, Artichoke, Salami & Basil Skewer; Parma Ham & Melon; Pizza Bites; Bruschetta; Frittata. Served with a side of dip of Sundried Tomato & Pepper Chutney and a NUT-FREE Pesto	Dairy, Eggs, Gluten, Milk , Mustard, Soybeans, Sulphites, Sulphur Dioxide, Wheat
Veggie Selection Platter (v)	A selection of: Spinach & Feta Goujons; Falafel Balls; Quiche; Mozzarella & Tomato Skewers; Mini Veggie Rolls, Served with a side of dip of Tzatziki & Sweet Chilli	Cereals, Dairy, Eggs, Gluten, Milk , Wheat
Individual quiche	QUICHE	Dairy, Eggs, Gluten, Milk , Sulphur Dioxide, Wheat
Pork pie	Pork pie	Dairy, Eggs, Gluten, Milk , Soybeans, Sulphites, Sulphur Dioxide, Wheat
Sausage Roll	Sausage Roll	Cereals, Dairy, Eggs, Gluten, Milk , Sulphites, Wheat
Spinach & Feta Roll (v)	Spinach & Feta Roll (v)	Cereals, Dairy, Eggs, Gluten, Milk , Wheat
Mini Sausage Roll -40 Box (L)	Consists of 40 of our meaty, mighty & deliciously tasty mini sausage rolls	Cereals, Dairy, Eggs, Gluten, Milk , Sulphites, Wheat
Mini Sausage Roll -20 Box (S)	Consists of 20 of our meaty, mighty & deliciously tasty mini sausage rolls	Cereals, Dairy, Eggs, Gluten, Milk , Sulphites, Wheat

LARGE PLATTERS		
Cheese Platter (v)	Cheese & Pickle, Cheddar Ploughmans, Smoked Cheese Salad, Brie, Tomato & Basil, Brie, Cranberry & Rocket	Cereals, Dairy, Eggs, Gluten, Milk , Mustard, Wheat
Vegging Out Platter (v)	Cheese & Pickle, Egg Mayo & Cress, Egg Mayo & Sun-Dried Tomatoes, Brie & Onion Marmalade, Falafel & Tzatsiki	Dairy, Eggs, Gluten, Milk , Mustard, Wheat
Veggie Wrap Platter (v)	Falafel & Tzatziki , Houmous, Feta & Olives, Houmous, Roasted Peppers & Spinach, Mozzarella, Pesto & Rocket, Red Pepper Tapenade & Artichoke	Dairy, Eggs, Gluten, Milk , Sesame Seeds, Wheat
Vegetarian Baguette Platter	Cheese & Pickle; Smoked Cheddar & Tomato; Brie & Cranberry; Roast Aubergine, Courgette & Cream Cheese; Egg Mayo & Cress	Cereals, Dairy, Eggs, Gluten, Milk , Mustard, Wheat
Chicken Platter	Lemon Chicken, Chicken Salad, Chicken Chorizo, Chicken & Avocado, Chicken & Bacon	Cereals, Dairy, Eggs, Gluten, Milk , Mustard, Soybeans, Sulphites, Wheat
Halal Friendly Chicken Platter	Lemon Chicken, Chicken & Avocado, & Chicken Salad sandwiches	Cereals, Dairy, Eggs, Gluten, Milk , Soybeans, Sulphites, Wheat
Classic Platter	Cheese Ploughmans, Ham & Mustard Mayo, Roast Beef & Horseradish Mayo, Tuna Sweetcorn, Egg Mayo & Cress	Dairy, Eggs, Fish, Gluten, Milk , Mustard, Wheat
Meating? Platter	BLT, Ham & Mustard Mayo, Chicken Salad, Chicken Chorizo, Turkey, Brie & Cranberry	Cereals, Dairy, Eggs, Gluten, Milk , Mustard, Soybeans, Sulphites, Wheat
Mixed Platter No1	Cheese & Pickle (V), Brie & Basil, (V) Tuna Sweetcorn, Ham Salad, Lemon Chicken	Cereals, Dairy, Eggs, Fish, Gluten, Milk , Soybeans, Sulphites, Wheat
Mixed Platter No2	Brie & Cranberry (V), Egg & Sun-Dried Tomato (V), Tuna Mayo & Cucumber, Chicken & Bacon, Ham, Cheese & Pickle	Cereals, Dairy, Eggs, Fish, Gluten, Milk , Soybeans, Sulphites, Wheat
Pork-Free Platter	Brie & Onion Marmalade (V), Falafel & Tzatziki (V), Tuna Mayo Olive, Chicken Salad, Pastrami & Gherkin	Cereals, Dairy, Eggs, Fish, Gluten, Milk , Mustard, Soybeans, Sulphites, Sulphur Dioxide, Wheat
Seafood Platter	Smoked Salmon & Cream Cheese, Prawn Marie-Rose, Smoked Salmon & Egg mayo, Tuna & Sweetcorn, Tuna & Cucumber	Celery, Cereals, Crustaceans, Dairy, Eggs, Fish, Gluten, Milk , Wheat
Surf n Turf Platter	Tuna Sweetcorn, Smoked Salmon & Cream Cheese, Lemon Chicken, Roast Beef & Horseradish Mayo, Ham Salad	Cereals, Dairy, Eggs, Fish, Gluten, Milk , Mustard, Soybeans, Sulphites, Wheat
Baguette Platter	Pastrami & Gherkin, Parma Ham & Cream Cheese, Mozzarella, Tomato, & Pesto (v), Goats Cheese, Peppers & Spinach (V), Tuna Mayo, Red Onion & Olive	Cereals, Dairy, Eggs, Fish, Gluten, Milk , Mustard, Wheat
Italian Baguette Platter	Parma Ham, Brie & Tomato; Salami, Onion Marmalade & Gherkin; Salami, Smoked Cheese & Sun-Dried Tomato; Mozzarella, Tomato & Pesto (v), Egg Mayo & Sun-Dried Tomato (v)	Cereals, Dairy, Eggs, Gluten, Milk , Mustard, Soybeans, Wheat
Meat Baguette Platter	Pastrami, Gherkin & Mustard, Ham & Mustard Mayo, BLT, Chicken Salad, Roast Beef & Horseradish	Cereals, Dairy, Eggs, Gluten, Milk , Mustard, Sulphites, Wheat

LARGE PLATTERS		
Ciabatta Platter	Speck Ham, Brie & Tomato; Salami, Onion Marmalade & Gherkin; Salami, Cheese & Sun-Dried Tomato; Mozzarella, Tomato, Pesto & Rocket; Roasted Veg, Chicken & Pesto	Dairy, Eggs, Gluten, Milk , Mustard, Soybeans, Sulphur Dioxide, Wheat
Meat Wrap Platter	Lemon Chicken & Rocket, Chicken & Avocado, Chorizo & Roasted Peppers, Roast Beef & Horseradish Mayo, Turkey, Brie & Rocket	Cereals, Dairy, Eggs, Gluten, Milk , Mustard, Soybeans, Sulphur Dioxide, Wheat
Thats a Wrap! Platter	Feta, Houmous & Olive (v), Falafel & Tzatziki (v), Chicken & Avocado, Prawn Mayo, Lemon Chicken & Rocket	Cereals, Crustaceans, Dairy, Eggs, Gluten, Milk , Sesame Seeds, Wheat
FRE-FROM RANGE		
VEGAN Platter - Large	Avocado, Cucumber & Tomato; Vegan Cheese & Mushroom; Houmous, Tomato & Olive; Falafel, Sweet Chilli Sauce, Red Pepper Confit, Spinach; Roasted Vegetables & Sweet Peppers.	Cereals, Gluten, Sesame Seeds, Wheat
VEGAN Platter - Small	Avocado, Cucumber, Tomato & Rocket. Vegan Cheese, Mushrooms & Lettuce. Falafel, Sweet Chilli Sauce, Red Pepper Confit spinach.	Cereals, Gluten, Wheat
Dairy-Free No Mayo Meat Platter	BLT, Chicken Salad, Ham & American Mustard, Chicken Chorizo, Roast Beef & Mustard	Cereals, Gluten, Mustard, Sulphites, Wheat
Gluten Free Sandwich - Lemon Chicken	Chicken, Lemon Mayo & Rocket	Soybeans, Sulphites, Eggs
Gluten Free Sandwich - Egg Mayo & Cress	Egg Mayo Cress	Eggs
Gluten Free Sandwich - Salmon & Cream Cheese	Smoked Salmon, Cream Cheese, Lemon Juice, Black pepper	Dairy, Fish, Milk
Gluten Free Sandwich - Houmous, Tomato, Olives & Cucumber (Vegan)	Houmous, Tomato, Olives & Cucumber	Sesame Seeds
Gluten Free Wrap - Chicken Salad	Chicken, Tomato & Cucumber	Dairy, Milk, Soybeans, Sulphites, Eggs
Gluten Free Wrap - Falafel	Falafel, tzatziki, spinach, red and yellow pepper confit & black pepper	Dairy, Milk
Gluten Free Wrap - Tuna Sweetcorn	Tuna Mayo Sweetcorn	Fish, Eggs
Gluten Free Wrap - Avocado Salad (VEGAN)	Avocado, tomato, cucumber, rocket & vegan mayo	None of the 14 major allergen groups
Gluten-Free Brownie (GF)	a flourless brownie made with ground almonds and premium quality chocolate. Suitable for those who like their brownies wetter, or who are avoiding Gluten	Dairy, Eggs, Milk , Nuts, Soybeans
Gluten-Free Wrap Platter	Chicken Salad, Falafel & Tzatziki, Tuna Sweetcorn	Dairy, Eggs, Fish, Milk , Soybeans, Sulphites