

Allergens Summary Information

Menu Type	Menu Item / Product Name	Celery & celeriac	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide (sulphites)
Bagel Platters	Bagel Platter		✓ Wheat		✓	✓		✓		✓					
	Small Bagel Platter		✓ Wheat		✓	✓		✓		✓					
Baguette platters	Baguette Platter		✓ Wheat, Rye, Barley		✓	✓		✓		✓	✓			✓	
	Italian Baguette platter		✓ Wheat, Rye, Barley, Oats		✓	✓		✓		✓				✓	
	Meat Baguette		✓ Wheat, Rye, Barley, Oats		✓			✓		✓					

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Baguette platters	Veg Baguette		✓ Wheat, Rye, Barley, Oats		✓			✓		✓					
Breakfast selection	Croissant Box		✓ Wheat		✓			✓			✓ Almond			✓	
	Early Bird baguette platter		✓ Wheat, Rye, Barley, Oats		✓	✓									
	Ham, Cream Cheese & Rocket bagel		✓					✓							
	Mini croissants & pastries		✓ Wheat		✓			✓			✓			✓	
	Muffins		✓		✓			✓			✓				
	Peppers, Cream Cheese & Spinach bagel		✓					✓							

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Breakfast selection	Rise n Shine baguette platter		✓ Wheat, Rye, Barley, Oats		✓	✓								✓	
	Salmon & Egg mayo bagel		✓		✓	✓									
	Sundried tomatoes, cream cheese & spinach bagel		✓					✓							
Cakes / Confectionery	Cake Box		✓		✓			✓							
Christmas Menu	Christmas Classic		✓ Wheat, Rye, Barley, Oats		✓	✓		✓		✓	✓ Walnut			✓	
	Festive Feast		✓ Wheat, Rye, Barley, Oats		✓			✓		✓	✓ Walnut			✓	
	Mince Pies		✓ Wheat		✓			✓							✓

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Christmas Menu	Winter Wonderland		✓ Wheat, Barley		✓	✓		✓		✓	✓			✓	
Combo Platters	Set Menu 1		✓ Wheat, Rye, Barley, Oats		✓	✓		✓		✓			✓		✓
	Set Menu 2		✓ Wheat, Rye, Barley, Oats	✓	✓	✓		✓							
Salads	Caesar		✓		✓			✓							
	Chicken Caesar		✓		✓			✓							
	Cous Cous, Lentils & Asparagus	✓	✓												
	Falafel & Homous										✓		✓		

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Salads	Greek							✓								
	Hot Smoked Salmon	✓				✓		✓								
	Italian							✓								
	King Prawn			✓	✓	✓										
	Tricolor							✓								
	Tuna Nicoise				✓	✓										
Sandwich Platters	Cheese Platter		✓ Wheat, Oats		✓			✓		✓						✓

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Sandwich Platters	Chicken platter		✓		✓					✓					
	Classic Platter		✓ Wheat, Barley, Oats		✓	✓				✓					
	Meating		✓							✓					
	Mixed platter 1		✓		✓			✓							
	Mixed platter 2		✓		✓	✓		✓		✓					
	Seafood		✓	✓	✓	✓		✓							
	Special Mixed 4 (Religious)		✓		✓	✓		✓							

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Sandwich Platters	Surf n Turf		✓		✓	✓		✓		✓					
	Vegging Out		✓ Wheat, Barley, Oats		✓			✓		✓					✓
Savouries	Pork Pie		✓		✓			✓							✓
	Quiche		✓		✓			✓							✓
	Sausage Roll		✓		✓			✓							✓
	Veg Chilli Pasties	✓	✓		✓			✓		✓					
Small sandwich platters	Small Classic		✓ Wheat		✓	✓		✓		✓					

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Small sandwich platters	Small Meat		✓ Wheat		✓			✓		✓					
	Small Mixed		✓ Wheat		✓	✓		✓		✓					
	Small Seafood		✓ Wheat	✓	✓	✓		✓							
	Small Veg		✓ Wheat		✓			✓		✓					
Wrap Platters	Meat Wrap Platter		✓		✓					✓					
	Small Wrap Platter		✓		✓			✓					✓		✓
	That's a Wrap		✓	✓	✓	✓		✓					✓		✓

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Wrap Platters	Veg Wrap Platter		✓		✓			✓		✓			✓		✓